

# High Bickington Meal Menu - Spring Term 2020

	<b>Week 1:</b> 6/1, 3/2, 9/3.	<b>Week 2:</b> 13/1, 10/2, 16/3.	<b>Week 3:</b> 20/1, 24/2, 23/3	<b>Week 4:</b> 27/1, 2/3, 1/4
<b>Monday</b>	Macaroni cheese Crusty bread and seasonal vegetables  Chocolate Cake and chocolate sauce	Beef lasagne Crusty bread, peas and carrots  Peach Melba	Cheese Wheels Potato Waffles & Vegetables  Iced Fruit Mousse	Beef Cobbler Rice and Seasonal vegetables  Fruit cocktail and ice cream
<b>Tuesday</b>	Spaghetti Bolognese Mixed Vegetables  Iced Carrot Cake	Pork sausages Creamed potato and seasonal vegetables  Lemon drizzle and custard	Beef Burger in a Bap Potato wedges, Baked Beans & Sweetcorn  Apple Cake with Custard	Sausage rolls Creamed potatoes and seasonal vegetables  Fruit crumble with custard
<b>Wednesday</b>	Roast Pork Roast Potatoes & Seasonal Vegetables  Fruit Platter	Roast Chicken Roast Potatoes & Seasonal Vegetables  Fruit Platter	Roast Gammon Roast Potatoes & Seasonal Veg  Fruit Platter	Roast Turkey Roast Potatoes & Seasonal Veg  Fruit Platter
<b>Thursday</b>	Chicken Casserole Rice & Seasonal Vegetables  Fruit jelly & Ice-cream	Cottage pie Seasonal Vegetables & Baked Beans  Fruit and meringue nest	Turkey & Vegetable Casserole Rice and Mixed Vegetables  Sticky Chocolate Slice	Chicken Pasta Bake Seasonal Vegetables  Iced sponge
<b>Friday</b>	Oven Baked Fish Golden Fries & Seasonal Vegetables  Flapjack	Fish Bites Golden Fries & Seasonal Vegetables  Chocolate cracknel	Salmon or Cod Fish Cakes Golden Fries & Seasonal Veg  Blueberry Muffin	Fish Fingers Golden Fries, Peas & Carrots  Shortbread biscuit