

# Bounce

## Enhancing your continuous provision

### Creative area

- 1 Marble painting. Provide ready-mixed poster paint, plastic pots, marbles, paper and high-sided trays or cardboard boxes. Let the children squeeze paint into the plastic pots, coat the marbles in the paint and put them in the tray. Encourage the children to rock, roll, spin and swirl the tray to make marvellous marble paintings.
- 2 Display some inspiring sporting images and wooden artist's mannequins. Let the children twist and shape the mannequins into poses to help them draw detailed pictures.
- 3 Play some silent footage of exciting sporting events on an interactive whiteboard and provide microphones for the children to commentate.

### Mathematics area

- 1 Number challenges! Place a long ladder on the floor outside and put laminated numbers in between each rung. Let the children throw three bean bags and add up their scores. Encourage them to keep a record of their scores and see if they try to increase them over time.
- 2 Meet the Ball family! Provide colourful modelling clay, googly eyes and pipe cleaners. Display the sign 'Can you make the Ball family?' Let the children make and decorate different sized balls and order them from largest to smallest. They could even name the members of the family and create character charts for each one including their height and weight.
- 3 Provide three unlabelled sand timers. Display the sign 'Turn over the timer and jog until the sand runs out!' Let the children jog to each timer and then put them in order from shortest to longest time.

### Writing area

- 1 Create an on screen photo album of the Memorable experience. Invite the children to add labels, using text boxes, to the pictures to share their experiences. View the finished photo album in shared time.
- 2 Place a pair of rollerskates in the writing area with the sign 'Can you advertise these rollerskates?' Display questions to prompt their thinking and provide pens, paper, digital cameras and computers for the children to use.
- 3 Display the sign 'Can you design a healthy lifestyle poster for the local doctors' surgery?' Provide a keyword mat and healthy living posters or leaflets in the writing corner for ideas. The children could work on computers or paper.

### Reading area

- 1 Create a sporty reading area full of fiction and non-fiction books. Let the children use sticky notes to mark the books they have read then take time to ask individual children 'What have you learnt about sport today?' Listen carefully to their answers.
- 2 Provide a variety of sports themed Top Trumps style cards or make your own. Show the children how to play then leave them to read the cards and challenge their friends.

### Role play area

- 1 Create a leisure centre reception area. Display sports and events posters and provide phones, computers, tickets and tills. Leave the children to play freely and add to the area to suit their interests. They may create a gym area or need pens and papers to write their own healthy lifestyle leaflets to give away to customers.
- 2 In the gym. Provide gym mats, exercise posters, gym kit dressing up clothes and some lively, upbeat music. Let the children create and lead their own exercise classes, including warm ups and cool downs and encourage them to give healthy living advice. **Supervision for this activity is advised.**

### Malleable area

- 1 Provide modelling clay for the children to create sporting scenes. Play film clips and provide images of footballers, swimmers, hockey players and rowers for inspiration.
- 2 Provide air-drying clay, fine clay tools and decorations including glass nuggets, sequins and beads. Display the sign 'Can you make medals for the Bounce Olympics?' Leave the children to create their medals then help them to make a hole at the top of each medal before leaving to dry. The children could paint their medals and thread ribbon through the holes to make them wearable.

### Construction and small world area

- 1 Line a Tuff Tub with artificial grass and provide craft materials for the children to turn the area into a sporting arena. They may create a football pitch with cardboard seating, mark running tracks out with string or make pipe cleaner basketball hoops. Provide small world figures to be the players and the spectators.
- 2 Challenge the children to make a small, bouncy trampoline. Provide a wide variety of fabrics, junk modelling and joining materials for the children to experiment with. When they are satisfied with their design, let them test it out with a small world figure.

### Outdoor area

- 1 Provide a range of outdoor games such as garden darts, quoits, boule and skittles. Encourage the children to play, add up their score and improve their skills over time.
- 2 My ball won't bounce! Provide basketballs inflated with different amounts of air. Leave them outside near a basketball hoop for the children to play with and see if any of them can work out what to do to make the balls bouncy again. Work with the children to try out their ideas. Were they right?

### Investigation area

- 1 Provide a range of different balls, tape measures, rulers, pencils and paper. Display the sign 'Which ball bounces the highest?' and leave the children to investigate. Encourage them to record their findings and share their results with others.
- 2 Can you jump higher than a .....? Display signs at the correct height for different animals ability to jump. Pin black paper to the wall and provide children with white, powdered chalk. Let them dab their fingers in the chalk, jump and tap the wall. They can then measure the height of their jump and compare it to the height of the animal's jumps!

### Sand and water area

- 1 Encourage the children to build a diving board near the water tray with building blocks or Lego. Let them roll a ball off the diving board and into the water, noticing the splash made. The children could then change the height of the diving board or the type of ball used and notice any differences in the splash created. Ensure children are dressed appropriately for this activity!
- 2 Strange surfaces. Let the children bounce a ball on different surfaces including grass, foam, wood, plastic, gravel and sand. Ask the children what they notice. Can they suggest why the ball bounces better on some surfaces than others?